

# Learnings from Grassroots Advocacy ADA to Olmstead

## **The Kitchen Table Movement – A matter of necessity**



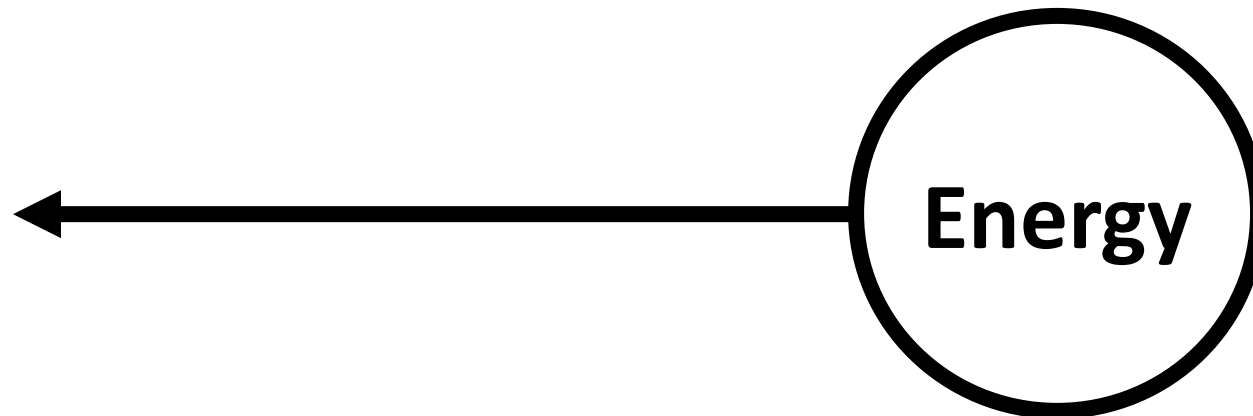
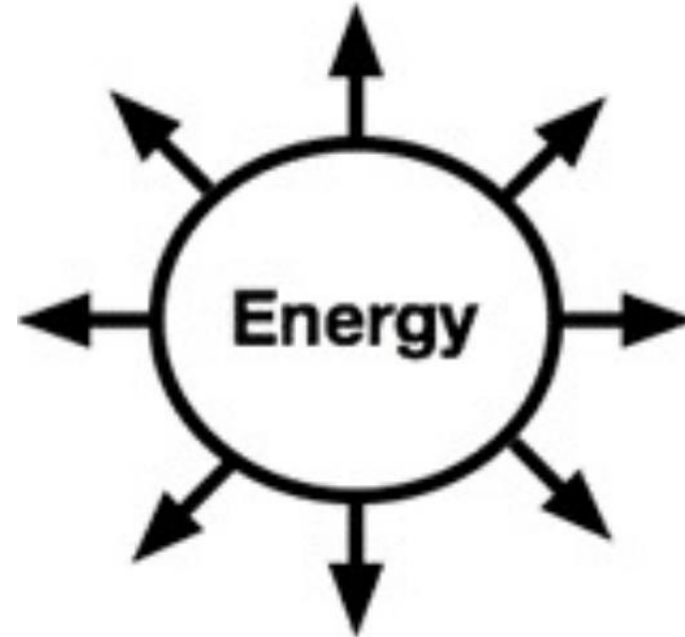
# ADA to Olmstead



# ADA to Olmstead

**Focusing the Energy:**

**Scattered or Directed**



# ADA to Olmstead



**ADA is a great example of  
Cooperative Engagement:  
Kennedy and Hatch**





# ADA to Olmstead



Never let ideology, passion or stubbornness get in the way of the outcomes we want

What good is it if we win the battle but lose the war?



# ADA to Olmstead



This 1999 United States Supreme Court decision was based on the Americans with Disabilities Act. The Supreme Court held that people with disabilities have a qualified right to receive state funded supports and services in the community rather than institutions when the following three part test is met:

- the person's treatment professionals determine that community supports are appropriate;
- the person does not object to living in the community; and
- the provision of services in the community would be a reasonable accommodation when balanced with other similarly situated individuals with disabilities.

## Kennedy and Hatch

### – 8 Steps to Win the Battle and the War:

- Be Informed
- Be Passionate
- Be Compassionate
- Be Consistent
- Be Cooperative
- Be Willing to Change
- Be Patient
- Be a Builder of Relationships



# ADA to Olmstead



## A Commitment to an Unconditionally Constructive Strategy

- **Balance:** I will do only those things that are both good for the relationship and good for us, whether or not they reciprocate.
- **Rationality:** I will balance reason with emotion. We need both reason guided by emotion as well as emotion informed by reason. Even if they are acting only emotionally or only with stoic reason, I will balance emotions and reason.
- **Understanding:** I will work at understanding. Whether we agree or not, the better we understand each other, the better our chance of creating a solution we can both accept. Even if they misunderstand me, I will try to understand them.
- **Communication:** I will work at good communication. Understanding requires effective and open communication. Even if they are not listening, I will listen to them and consult them on matters that effect them.
- **Reliability:** I will be reliable. The more honest and reliable we are with respect to each other, the better our chance of producing good outcomes. Even if they are trying to deceive me, I will be open to persuasion and try to persuade them.
- **Acceptance:** I will work at acceptance. The higher the degree of acceptance, the better the chances of working out our differences and producing good outcomes. Even if they reject me and my concerns as unworthy of their consideration, I will accept them as worthy of my consideration, care about them, and be open to learning from them.
- **Relationship:** Although it takes two to have a relationship, it only takes one to change its quality; I will do my best to improve the quality of the relationship.
- **Consensus:** While agreement on everything may not be possible, I will work with them to find solutions that we can all support.

\*Taken from Roger Fisher and Scott Brown, Getting Together: Building Relationships As We Negotiate (New York: Penguin Books, 1989), p.38

*The Arc of NC is committed to Securing for all people with intellectual and developmental disabilities the Opportunity to Choose and realize their goals of where and how they learn, live, work, and play.*